

# The Rakes of Mallow

(Ireland)

- Source:** Ceilis arranged by one Father Lorcan o Muireadhaigh for ceilis at the Irish College, Omeath, in the 1960s.
- Music:** Reels (40-bar single reels recommended). Perfect fits include "The Foxhunters," "Glen Road to Carrick," "The Graf Spee," "Bucks of Oranmore."
- Cassette:** Patrick Street, "All in Good Time #1125" 2/4 meter
- Formation:** Lines of three, a M with two W to his R (WWM), three facing three longways or around the hall (spokes of a wheel).
- Steps and Styling:** Arm-Around Swing: facing opp, place R hand on opp L waist; L hands come outside and under R arms to join at waist level. Buzz step.  
Thumb Hold: Join designated hands with opp, palm to palm, thumbs hooked together, fingers wrapping around base of opp thumb. Turn wrist to bring palm to face own chest. Give weight.

## Meas

## Pattern

### INTRODUCTION

### PATTERN

- 1-8 Advance and Retire twice.
- 1-8 M swing opposite W with Arm-Around Swing.
- 1-8 M swing R-hand W.
- 1-8 Two M turn R with thumb hold and dance around CW, turn and give L hands with thumb hold to dance CCW; M finish by backing between their ptrs, the two W of the trio.
- 1-8 Taking hands in a ring of three, dance around CW, rings of three swinging out and around each other CCW to exchange places, in new pos, trio does a full CW turn; M lets go of the L hand to reform the line of three to face a new line (the two W have changed places).

Repeat dance from beginning until music ends.

Presented by Danny and Joan Hathaway